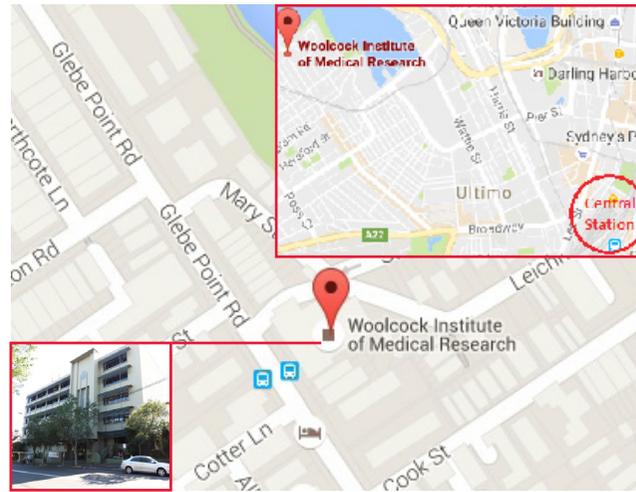


SLEEP DISORDERS AND HEAD INJURIES

Head injury is a common problem in Australia. While most people make a good recovery, sleep disorders can affect 30% to 70% of people.



HOW DO I GET TO THE WOOLCOCK CLINIC?

The Woolcock Institute of Medical Research is conveniently located on the corner of Glebe Point Road and Leichhardt Street, Glebe.

PARKING: 2 hour free parking is available on Glebe Point Road and surrounding streets.

PUBLIC TRANSPORT: We are close to Central Station and easily accessible by bus and light rail. Bus 431 stops directly outside our front entrance. Bus 433 and 370 stops within a five minute walking distance.

The Metro Light Rail runs from Central Station to Glebe. The closest stations are 'Glebe' and 'Jubilee' (ten minute walk).



CONTACT US

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Sleep Disorders and Head Injuries



SLEEP DISORDERS AND HEAD INJURIES

Fatigue and altered sleep patterns can occur after a significant head injury. Sleep problems can include difficulty with sleeping, increased need for sleep, poor sleep quality, or difficulty staying awake during the day. These sleep problems can worsen symptoms of fatigue and tiredness, affect thinking, mood, relationships and everyday living.

THE WOOLCOCK HEAD INJURY SLEEP CLINIC

The Woolcock Head Injury Sleep Clinic offers individual consultations to address the issues of sleep and fatigue after these injuries. The clinic assesses and provides targeted management of fatigue and sleep disorders in head injury to improve health and functioning.

Head injury can range from mild injury and concussion, such as during sports, to more significant injuries which require hospitalisation, rehabilitation and long-term support.

ABOUT US

We specialise in the diagnosis and treatment of sleep and breathing disorders

The Woolcock Clinic is a world-leading medical centre specialising in the diagnosis and treatment of all sleep and breathing disorders.

Our dedicated clinicians are at the forefront of international health research, ensuring our patients get access to the very latest approaches in health care.

The Woolcock Clinic is equipped to run a range of comprehensive diagnostic tests including:

- Overnight sleep studies (adult and paediatric)
- Home (portable) sleep studies
- Daytime sleep tests
- Full lung function tests
- Allergy testing (adult and paediatric)

SLEEP AND RESPIRATORY CLINIC: AN INTER-DISCIPLINARY APPROACH

Our unique, inter-disciplinary approach ensures patients get access to a range of specialists under one roof with expert skills to treat different aspects of their sleep or breathing condition. This includes:

- Sleep and respiratory physicians (adult and paediatric)
- Ear, Nose and Throat physicians
- Psychologists
- Psychiatrists
- Neurologists
- Endocrinologist and Andrologist
- Dentist
- CPAP therapists
- Exercise physiologist and nutritionist
- Rehabilitation physician
- Paediatric allergist and immunologist

With over 35 clinicians we provide a comprehensive range of services for respiratory and sleep issues.

STATE OF THE ART FACILITIES

Our clinic is equipped with modern testing facilities, comfortable patient accommodation and is conveniently located in Glebe, close to Sydney's CBD. We have 14 beds including two paediatric for sleep investigation.

WORLD LEADING RESEARCH AT THE WOOLCOCK

The Woolcock Clinic offers a unique environment for patients to experience the care of our clinicians who are world-leaders in sleep and respiratory health research and clinical practice.

The Woolcock Clinic is part of the Woolcock Institute of Medical Research, a prestigious and internationally recognised, sleep and respiratory medical research institute. This allows our patients access to the best and latest approaches in the care, treatment and preventative measures in sleep and respiratory disorders.

“Friendly, efficient staff; clean, comfortable facilities.”

Patient Satisfaction Survey 2016

HOW WE CAN HELP YOU

If you have had a head injury and are concerned about your sleep, ask your doctor for a referral to the Woolcock Head Injury Sleep Clinic.

Once you have a referral contact us to make an appointment.

MAKE A BOOKING

The Woolcock Clinic is open Monday to Friday, 8am - 8pm and sleep study appointments are available seven nights a week.

We offer fast turnaround times, with bookings for sleep studies usually available in less than 10 business days. Results are available within 2 weeks, and quicker if urgent.

Our friendly, expert staff are dedicated to improving your quality of life. You can contact us on:

T 02 9114 0000

E reception@woolcock.org.au

W woolcock.org.au/request-an-appointment/

** Please ensure you have a GP referral.*

“Staff make you feel at home. I was very impressed with the service, amenities, and personal care of staff.”

Patient Satisfaction Survey 2015

The Woolcock Institute of Medical Research is a not-for-profit organisation.

If you are interested in further information about becoming involved in our research studies or donations, please visit our website www.woolcock.org.au.

Your contribution will make a difference.

Thank you for your support.

