### About the Woolcock Clinic



The Woolcock Clinic is the premier inter-disciplinary respiratory and sleep specialist clinic in Australia.

We provide a full choice of diagnostic and treatment options with fast turnaround for appointments and results.

Our dedicated clinicians are at the forefront of international health research, ensuring our patients get access to the very latest approaches in health care.



## The Woolcock Institute of Medical Research is a not-for-profit organisation

If you are interested in further information about becoming involved in our research studies or making a donation, please visit our website www.woolcock.org.au.

Your contribution will make a difference.

Thank you for your support.

P 02 9805 3000 F 02 9805 3199 E info@woolcock.org.au

# Respiratory Services at the Woolcock Clinic

www.woolcock.org.au

#### THE WOOLCOCK CLINIC

The Woolcock Clinic offers a unique environment for patients. Our clinicians are world leaders in respiratory and sleep health research and clinical practice. Our cutting-edge, evidence-based research means we provide our patients with access to the latest diagnostic tools and clinical treatments to optimise health outcomes.

#### **RESPIRATORY CONSULTATION SERVICES**

The Woolcock Clinic offers a range of respiratory function tests with rapid turnaround times (usually less than one week) and we can accommodate urgent appointments.

Our respiratory physicians are available for consultations for the treatment of asthma, chronic obstructive pulmonary disorder, interstitial lung diseases and occupational lung diseases.

#### **DIAGNOSTIC SERVICES**

At our purpose-built lung function laboratory we conduct all types of respiratory function testing including:

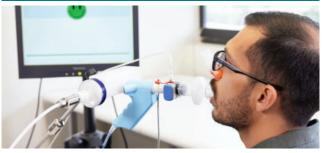
- Full Lung Function Testing
  - Spirometry with pre- and post-bronchodilator
  - Diffusing capacity of the lungs for carbon monoxide (DLCO)
  - Lung volumes

"Top notch - absolutely outstanding in their care. I feel like I'm in safe hands at the clinic with their knowledge and expertise" - Chloe A.



- Spirometry
  - Pre- and post-bronchodilator. These are the standard lung function tests required at most patients' initial appointment.
- Maximum Inspiratory Pressure (MIPS) & Maximum Expiratory Pressure (MEPS)
  - Tests of respiratory muscle function. These should be ordered if there is concern about neuromuscular function.
- Mannitol Challenge Testing (provocation test)
  - To be used if concerned about asthma. Also pre- and post-diagnosis.
- Adult & Paediatric Allergy Evaluation
  - Skin Prick Test to identify allergies.

"It was such a relief to meet lung function professionals who were engaged, animated and interested in my treatment. The level of coaching, knowledge and professional confidence is light years higher than I've experienced elsewhere" - Christine J.



We also have access to further diagnostic and interventional procedures including bronchoscopy, transbronchial biopsy and endobronchial ultrasound (EBUS) at Royal Prince Alfred Hospital.

The costs of respiratory diagnostic tests at the Woolcock Clinic are mostly covered by Medicare.

Our respiratory physicians provide reports on patients' results to referring GPs and are available for follow-up discussions and treatment advice.

#### **HOW TO REFER**

Our referral forms can be downloaded from our website: www.woolcock.org.au/referral. They are also available as hard copies by request.

#### OUR INTER-DISCIPLINARY TEAM PROVIDES COMPLETE PATIENT CARE

The Woolcock Clinic's unique, integrated service includes an extensive range of different medical specialties which allows us to tailor comprehensive healthcare treatments to individual needs.

This inter-disciplinary approach allows us to provide a range of clinic services including:

- Allergy Services (adult and paediatric)
- Diagnostic Services (full lung function testing, overnight sleep studies)
- Woolcock Therapy Centre (CPAP clinic)
- Weight Loss Clinic
- Insomnia Clinic
- NeuroSleep Clinic
- Paediatric Sleep Clinic
- Narcolepsy and Excessive Sleepiness Clinic

For a full list of clinicians and their specialities, visit www.woolcock.org.au/our-experts.

"Welcoming and informative staff with an easy and confident manner. I left feeling we'd found somewhere that actually cared" - Nigel G.

