

ASTHMA TRIGGER:

WOOD HEATERS



DANGERS



Wood heaters and open fireplaces emit up to 3000 different types of harmful chemicals.

Smoke from wood heaters contain fine particles that can be inhaled deep into the lungs & cause inflammation.

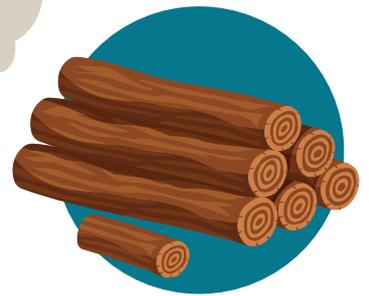


Smoke causes irritation of the airways, eyes, nose and throat.



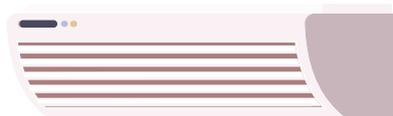
ADVICE

Burn only dry, well-seasoned and chemically untreated wood without overfilling.



Ventilate the room adequately to prevent the build up of wood heater emissions.

Don't sleep in the same room as a wood heater or open fire.



Replace with efficient reverse cycle air conditioners.

WOOLCOCK
LEADERS IN BREATHING & SLEEP RESEARCH

