

Current recruitment – June 2008

- **AIRWAYS RESEARCH**
- **ALLERGY RESEARCH**
- **SLEEP RESEARCH**

We need participants for the following studies. If you are interested in taking part please call the researcher listed below or call 1800 828 717 to register.

All participants are reimbursed any out-of-pocket expenses.

All visits to the Woolcock Institute of Medical Research take place in Glebe, Sydney.

Parking is available, and bus routes 431, 433 and 370 stop near to the Institute.

• **AIRWAYS RESEARCH**

Ventilation perfusion study in COPD

We are studying the effect of bronchodilators on breathing and blood flow to the lungs. If you are over 50 and have been diagnosed with COPD you could be involved in our study.

Call Chantale Diba on

02) 9114 0402

chantale@woolcock.org.au

Bronchoscopy Study

We are seeking asthmatics as well as healthy people for a research study into the mechanisms of asthma. The project involves a procedure called a bronchoscopy to obtain cells from the airways. You will have lung function testing (you will receive your results) and the bronchoscopy. There will be three two hour visits and you will be reimbursed for your time. For more information please call

Brian Oliver

(02) 9351 2315

asthma@med.usyd.edu.au

COPD study

We are looking for past or current smokers between the ages 40 and 80 with COPD, Chronic Bronchitis or Emphysema. This study is assessing a new inhaled anti-inflammatory medication to be used in COPD. This is an 8-week study. For more information please call

Camilla Hoyos

9114 0449

camillah@woolcock.org.au

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COPD study

We are looking for past or current smokers between the ages 40 and 80 with COPD, Chronic Bronchitis or Emphysema. This study is assessing a new oral anti-inflammatory medication to be used in COPD. This is a 12-week study. For more information please call

Faye Farhat

9114 0452

fayefarhat@woolcock.org.au

COPD study

We are looking for past or current smokers between the ages 40 and 80 with COPD, Chronic Bronchitis or Emphysema. This study is assessing a new combination of two bronchodilator medication to be used in COPD. This is a 4-week study. For more information please call

Faye Farhat

9114 0452

fayefarhat@woolcock.org.au

Deep Breaths and Airway Closure in Asthma

Calling all healthy breathers - non-asthmatics - aged 17 or older. You need to be a non-smoker and able to attend three visits to the clinic at 431 Glebe Point Road.

David Chapman

9114 0400

or Jess Kermode at

jesskermode@woolcock.org.au

• **ALLERGY RESEARCH**

Mannitol and Nasal Mucociliary Clearance

If you have a normal, willing and healthy nose we invite you to participate in a study investigating the effect of mannitol on nasal clearance. A nasal spray will be used, and a food colouring dye will be deposited into the nostril. If you do not suffer from rhinitis or asthma and would like to take part in this interesting study please call

Kate Campbell

9114 0411

katecampbell@woolcock.org.au

• **SLEEP RESEARCH**

Insomnia Study

If you have trouble staying asleep at night you could be eligible for our insomnia study. It is a 12 month study, however, there are no sleepovers involved. If you are over 18 in the normal weight range with a history of insomnia call

Sarah Newton-John

9114 0436

sarahnj@woolcock.org.au

Current recruitment – June 2008

Testosterone, Obstructive Sleep Apnea and Weight Loss Study

We are researching the effect of the male hormone testosterone and weight loss on obstructive sleep apnea (OSA). If you have been diagnosed with OSA and do not use CPAP treatment (Continuous Positive Airways Pressure), are aged over 18 and need to lose weight you could take part in our study. For more information call

Jessica Andrews

9114 0450

jessicaandrews@med.usyd.edu.au

Post Prandial Lipid (PPL) Study

We are studying the effects of Obstructive Sleep Apnea (OSA) treatment with CPAP (Continuous Positive Airway Pressure) on fat metabolism and require the help of men and women with OSA, who have never trialled CPAP. All subjects will be provided with CPAP treatment during this study. To find out more call

Sarah Newton-John

9114 0436

sarahnj@woolcock.org.au

MASPAP Study

This study aims to compare CPAP (Continuous Positive Airway Pressure) and oral appliance therapy in the treatment of OSA in order to determine their respective roles in clinical practice. We are looking for men and women with OSA who have not used either appliance previously. To find out more please call,

Diana Romero

9114 0438

dianaromero@woolcock.org.au

CPAP Education Study

If you have never used a CPAP machine and have either been diagnosed with sleep apnea – or think you may have it – this study might be interesting for you. It is looking at psychological techniques supporting people with sleep apnea to successfully use CPAP therapy. To register interest contact

Sarah Newton-John

9114 0436

sarahnj@woolcock.org.au

Another Insomnia Study

People with chronic insomnia may be eligible for our new study. The study involves taking study medication or placebo over a 16 day period and seven overnight sleep studies at our new Research Centre in Glebe. You must be aged between 18 and 64 years.

Sarah Newton-John

9114 0436

sarahnj@woolcock.org.au