

We need participants for the following **AIRWAYS, ALLERGY and SLEEP RESEARCH** studies
– if you're interested in taking part please contact the researcher listed below
– OR call **1800 828 717** or email volunteers@woolcock.org.au to register.

All participants are reimbursed for any out-of-pocket expenses. Results of screening and study tests and procedures are made available to all participants. All visits to the Woolcock Institute of Medical Research take place in Glebe, Sydney. Parking is available, and bus routes 431, 433 and 370 stop near to the Institute.

AIRWAYS RESEARCH

Airway Wall Thickness in Asthma study

If you have asthma and are aged 17 years or over and a non-smoker we invite you to participate in a research study to understand the causes of asthma.

Contact: Jess Kermod (02) 9114 0146, volunteers@woolcock.org.au

Asthma control in older people study

If you have been diagnosed with asthma by your doctor, are aged 55 years or over, and are a non-smoker we invite you to participate in a research study to help healthcare professionals to better understand your asthma needs and concerns. We will test your lung function and provide you with information to help answer your asthma related questions.

Contact: Mel Crane (02) 9114 0428, melcrane@woolcock.org.au

Bronchoscopy Study

We are seeking asthmatics as well as healthy people for a research study into the mechanisms of asthma. The project involves a procedure called a bronchoscopy to obtain cells from the airways. You will have lung function testing (you will receive your results) and the bronchoscopy. There will be three two hour visits and you will be reimbursed for your time.

Contact: Brian Oliver (02) 9351 2315, asthma@med.usyd.edu.au

COPD Study (ICS Withdrawal Study)

We are looking for past or current smokers aged 40 or older with COPD, Chronic Bronchitis or Emphysema who have had at least one respiratory exacerbation in the last 12 months. The purpose of this study is to investigate the effect of withdrawing inhaled corticosteroid medication to clarify the need for chronic use of inhaled steroids in COPD. This is a 52-week study.

Contact: Anne-Marie Kazzi (02) 9114 0451, annemariekazzi@woolcock.org.au

COPD Study (BREEZE Study)

We are looking for past or current smokers aged 40 or older with COPD, Chronic Bronchitis or Emphysema who have had at least one COPD exacerbation in the last 12 months. The purpose of this study is to assess the effectiveness of the treatment of COPD by a post-oral tablet form neutrophil elastase inhibitor preventing tissue degradation and therefore stopping the progression of emphysema. This is a 12 week study.

Contact: Anne-Marie Kazzi (02) 9114 0451, annemariekazzi@woolcock.org.au

Bronchi Study (ARD Study)

We are looking for people 18 years or older who have been diagnosed with non cystic fibrosis Bronchiectasis who have had a lung infection in the past 6 months. The purpose of this study is to assess an antibiotic administered via nebuliser in the treatment for lung infections in people with bronchiectasis. This is a 6 month study.

Contact: Emma Murphy (02) 9114 0444, volunteers@woolcock.org.au

Bronchi Study (B305)

We are looking for people 18 years or older who have been diagnosed with non cystic fibrosis Bronchiectasis who have had two lung infections in the past 12 months. The purpose of this study is to assess the effect of inhaled mannitol in the treatment of lung infections in people with bronchiectasis. This is a 13 month study.

Contact: Emma Murphy (02) 9114 0444, volunteers@woolcock.org.au

Deep Breaths and Airway Closure in Asthma

Calling all healthy breathers – non-asthmatics – aged 18 or older. You need to be a non-smoker and able to attend three visits to the clinic at 431 Glebe Point Road.

Contact: David Chapman (02) 9114 0400, dcha7069@woolcock.org.au

Statins and dietary antioxidants in COPD

Are you an ex-smoker? Do you suffer from COPD or similar respiratory problems? Are you aged 35 – 75? We are conducting a 6 month study to evaluate new medical treatments for chronic airflow obstruction.

Contact: Amanda Greenwood (02) 9114 0411, amandagreenwood@woolcock.org.au

ALLERGY RESEARCH

Healthy Volunteers – Mannitol and Nasal Mucociliary Clearance

If you have a normal, willing and healthy nose, and you do not suffer from rhinitis or asthma – we invite you to participate in a study investigating the effect of mannitol on nasal clearance. A nasal spray will be used, and a food colouring dye will be deposited into the nostril.

Contact: Amanda Greenwood (02) 9114 0411, amandagreenwood@woolcock.org.au

SLEEP RESEARCH

Insomnia Study

We are looking for people aged 18 years and over who have had difficulty maintaining sleep for at least the past month. Participants must not have any other sleep disorders or serious medical conditions. This research study is being conducted at the Woolcock Institute of Medical Research in Glebe and will involve several daytime visits to the Institute over a 13 month period.

Contact: Julia Chapman (02) 9114 0449, juliachapman@woolcock.org.au

MASPAP Study

This study aims to compare CPAP (Continuous Positive Airway Pressure) and oral appliance therapy in the treatment of OSA in order to determine their respective roles in clinical practice. We are looking for men and women with OSA who have not used either appliance previously.

Contact: Amanda Greenwood (02) 9114 0411, amandagreenwood@woolcock.org.au

COPD/Sleep apnea

We are looking for people who have both COPD and sleep apnea. If you have COPD and snore, then you may be eligible for the trial. This study is looking at the effects of CPAP treatment on lung function and quality of life. It is a 6 month study.

Contact: Roo Killick (02) 9114 0499, rookillick@woolcock.org.au

Do you catch up on sleep at the weekends?

We are looking for men aged between 18 and 50 who sleep more at the weekends than during the week, to look into whether this affects health. This study involves 2 weekends spent at the research institute, for which you will be reimbursed for your time.

Contact: Roo Killick (02) 9114 0499, rookillick@woolcock.org.au

PAPMAN Study

We are studying the effects of CPAP treatment on metabolic and heart health in men diagnosed with moderate to severe OSA who have not used CPAP treatment previously. Our main focus is whether CPAP improves insulin resistance, abdominal visceral fat and physical activity. The PAPMAN study is 6 months. You will be provided with the machines and mask for the 6 months.

Contact: Camilla Hoyos (02) 9114 0409, camillah@woolcock.org.au